

# THE NESTOR BELL

New Printer Friendly e-Newsletter

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**“A nurturing center for ALL people, Making Disciples for Christ”**

**I was glad when they said to me,  
“Let us go to the house of the LORD!” Psalm 122:1**

Psalm 122 is a Psalm that was used to be sung as pilgrims went to special festivities, particularly to Jerusalem. Jerusalem was the city where God promised his presence. So, we can have an idea of the meaning of this song for the people of Israel during exile. As people far away from their country remembered that Psalm, as they heard the stories of the pilgrimages and festivities... we cannot but imagine the pain and sorrow that they felt not to be able to go to the temple in Jerusalem and worship their Lord.

As you know, we are back in a lock down and not able to go back to worship in-person. While it isn't possible to carry on social and family engagements, our hearts feel pain and sorrow as we are not able to go to church. And so, what to do in the meantime.

There is a short verse in Psalm 122 that has been passed on from generation to generation and when you walk through Jerusalem there are signs on the streets, handcrafts and stickers in stores, banners and pictures for sale with this verse, “Pray for the peace of Jerusalem.”

Meanwhile, we endure the pandemic and should be praying for peace! Peace in the world, peace in our cities, peace in our families and in our hearts. Pray for that peace that surpasses all understanding, so it can help us to endure the present with wisdom and care and to foresee a future of peace and healing.

I invite you to look and mediate on Psalm 122. And as I pray for peace in your hearts, I also pray for our congregation, our city and the world.

See you Sunday in “video worship”,

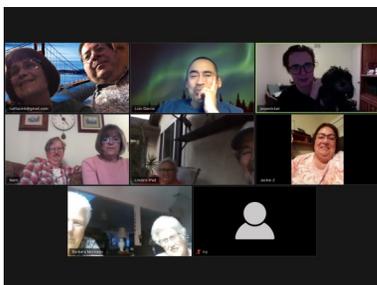
Pastor Luis

## What's New at NESTOR UMC?

### New Mailbox

The biggest new thing, is our new mailbox! This is a brand new locking mailbox. Offering envelopes and any other communications can be dropped into our new mailbox. Letters and offerings will automatically be dropped into a securely locked section of the box.

### New Tuesday Night Book Study Via Zoom-



The book *The Wesley Challenge*, our Tuesday night Zoom Chat will now have a study focus. We will be working through the book *The Wesley Challenge*. If you were in the adult Sunday school class in the spring before quarantine, you have the book. Otherwise, you can purchase it at [Cokesbury.com](http://Cokesbury.com), [Amazon.com](http://Amazon.com) or [Barnes and Noble.com](http://BarnesandNoble.com) in either a paperback or e-book copy.

## We are still here for you!

Monday through Thursday we are working to support the church. We are always checking emails and voicemails.

If there is something you need, call the office to connect with us. We are not seeing people in person because of Covid -19.



## Prepare the Lord's Table

Prepare a plate of bread and cup of wine or juice.

Join us for Communion August 2.



## Join us for Worship

Our weekly video worship is available to watch at any time on the NestorUMC.Com website, under the "Nestor UMC Worships Together" tab.

Feel free to share our weekly invitation to worship on our Nestor United Methodist Church facebook page.

The worship videos for the last month are also available on the website.

The worship videos are also available on youtube.com under the Nestor UMC channel. You can subscribe to our channel and then get alerts when a new video is uploaded.

## GOOD NEIGHBOR CENTERS ARE STILL SERVING OUR COMMUNITY AND YOUR HELP IS NEEDED!!!

Help is needed at both locations:  
Nestor UMC & Christ Ministry Center.

Nestor GNC help is needed with unloading pallets on delivery day on August, 13 at 7 am. pre-bagging food on bagging day, August, 15 and distributing food on distribution day August, 18 at 8 am.

If you and a friend can come and help at either location on any or all dates just \*Call Debby at (619) 339-3719. What an opportunity to get out of the house, have a little exercise, and enjoy (at a safe distance) some fellowship!  
I look forward to hearing from you!!

## ~PRAYER REQUESTS~

### Strength, Comfort & Healing:

Jesus Garcia, Juan Garcia, Don Susral, Denise Sanchez, Cyndy Barnes, Susan Zabel, Raina Kerr, Baby Noah Mesa, Bob Gibson, Esther Bolger, Amparo Escandon, Kaleo Hizon Villamen,

Tom and Maryola Chaudoin, Daniel and Karen Abbotts, Rosalie Pamintuan, Vannesa Querouil, David and Vicki Hankins, Donna Wallace, Barb Morrison, The Roach Family,

The Hernandez Family, Drake Walker and Family Carimilita Palsco, Janice Dahl, Joi and Curt Bayse, Crickett Clowery, Lorraine Hanley, Monica Wong, Bill Shipley. Francine Maigne

### Nestor UMC Children and Youth:

Christopher, Madison and D.J. Pepper; Arya, Sophia and Aden Narciso; Graham, Finn, Ethan and Noah Wahamaki; Yhazzi and Rhianne Ramos; Julia and Jayda Jeter; Makayla Soria; Raymond Barrar-Wells; Jahniya McClellam; Emzey and Ryder Sheppard; Aracely, Yazleen, Enrique and Miguel Arauz; Neveah Frayre; Bree and B.J. Gorospe; Saedy McCoy; Caleigh and Declan Villagran; Diana and Julian Kuenzi; Jordan, Trinity and Jewell Bendorf; Fantasia Rivera; Alex, Aulani, Aubri and Averi Williams; Porter and Sedona Sayers; Jared Williams; Mia, Marissa, and Sabrina Howard; Naliyah Cabal; DJ and Nicky Camden, Brook, Erika and Nikole Jamieson, Tristen Campbell; Gavin and Nyla Wraight; David Berrien; Jaxon and Ethan Schaffer; Colleen Abbott, Kaila Otto and Karl Otto Jr., Ezekiel Zachary Crann; Luc and Momo Cota

### Active Duty Military:

Taylor Cuellar Davis, Joseph Guerrero, Jacob Spradlin, Charyn McCurdy, Keenan Flores, Spencer Brandt, Henry & Lucy Steele, Josh Peterson, Rafael Navarrete, Josh Glover, Joy Zanghi, Dajeur Bruce-Malone, Sara Fernandez, Dairon Frazier, Michael Waters, Joe McGuffie, Chris Duran, Arturo Mota, Ron Ramos